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**Orthopaedic Surgery**

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## **Information For Patients Having Surgery**

### **Pre-Surgical Testing (PST) and Medical Clearance**

Patients should arrange to do this immediately after scheduling (at least 3 weeks before) surgery.

Documentation of the following is required for all surgical procedures:

1. Lab tests - CBC, SMA-20, PT/PTT and pregnancy screening (if applicable)
2. EKG and chest x-ray (if over age 40 or with relevant medical history)
3. 'History and Physical' and 'Medical Clearance' note by a primary care physician

Please verify with our office where to have PST done.

Several HMOs require patients to use their own primary care physician for PST.

For health plans that allow use of an outside physician for PST, our office will refer you to either:

Daniel P. Klein, MD

Tel.: 212-737-2000

229 E. 79th Street (between 2nd & 3rd Avenues), New York, NY 10075

or PACC Pre-Testing Unit

Tel.: 212-844-8240

10 Union Square East, Suite 3N, New York, NY 10003

### **Medications and Diet**

Aspirin and anti-inflammatory drugs (NSAIDs) - Discontinue use at least 2 weeks before surgery.

Anticoagulants (such as Coumadin, Plavix) - Notify us and the primary care doctor for instructions.

Diabetes medicines - Discontinue use on the day of surgery.

Other medicines - Take as usual, including the day of surgery.

\*\*\*\*\*Patients must not eat or drink anything after midnight the night before surgery.\*\*\*\*\*

### **Outpatient Surgery**

A pre-arranged escort is required and must be present to take the patient home.

Patients should wear loose, comfortable clothing and bring minimal valuable items.

### **Surgery Location**

Inpatient Procedures are done at Beth Israel Medical Center Petrie Division.

Patients report to the Admitting Office, Linsky Pavilion, Room G-08 (Ground Floor).

Their telephone number is 212-420-4557. See 'Our Locations' for directions.

Outpatient Procedures may be done at either Beth Israel Medical Center Petrie Division

or at Phillips Ambulatory Care Center (PACC).

For PACC, patients report to the Ambulatory Surgery Center, Suite 4M (4th Floor).

Their telephone number is 212-844-8242. See 'Our Locations' for directions.

Please verify the correct facility location for outpatient surgery with our office.

### **Surgery Time**

Facility staff members call patients the afternoon before surgery to provide the correct arrival time.

Alternatively, patients may call them that day between 2:00 and 4:00pm or contact our office.

Patients must arrive on time. Lateness may cause delay or cancellation of surgery.