



10 Union Square East, 5P, New York, NY 10003  
910 Park Avenue, New York, NY 10075

**drziets.com**  
**212-717-1285**  
Fax: 212-717-1285

## Information For Patients Having Surgery

**(Mount Sinai PACC)**

Patient's Name \_\_\_\_\_ Surgery Date \_\_\_\_\_

**Time:** The day before surgery, the Admitting Department will call you to notify you of the exact time to arrive. Alternatively, you may call them that day between the hours of 2:00 and 4:00pm only at 212-844-8248. Please arrive on time.

**Place: Mount Sinai Phillips Ambulatory Care Center (PACC)**  
10 Union Square East (between E. 14th & 15th Streets), New York, NY 10003  
Ambulatory Surgery Center, 4M (4th Floor)

### Surgery Preparation Requirements

- Pre-Surgical Testing and Medical Clearance

The facility requires documentation of the following before final scheduling of all surgical cases:

1. Lab tests - CBC, SMA-20, PT/PTT and pregnancy screening (if applicable)
2. EKG and chest x-ray (if over age 40 or with relevant medical history)
3. Complete "History and Physical" and medical clearance by a primary care physician

Your pre-testing appointment is scheduled: Date - \_\_\_\_\_, \_\_\_\_\_  
Time - \_\_\_\_\_:\_\_\_\_\_ am pm

**PACC Pre-Surgical Testing Unit**

10 Union Square East, 3B, New York, NY 10003 212-844-8250

You must see **your own primary care doctor** at least three weeks before surgery. Bring this letter and the enclosed Medical Clearance For Surgery form. Be sure this form is completed and returned to us with all test results at least one week before surgery.

- Medications and Diet

Aspirin or NSAIDs (such as Ibuprofen, Naproxen, Oxaprozin) - Discontinue use at least two weeks before surgery.

Anticoagulants (such as Coumadin, Plavix) - Notify us and your primary care doctor for instructions.

Diabetes medicines - Discontinue use on the day of surgery.

Other medicines - Take as usual, including the day of surgery.

\*\*\*\*\*Do not eat or drink anything after midnight the night before surgery.\*\*\*\*\*

- Escort Requirement

Facility strictly forbids patients without a pre-arranged escort home to have any surgical procedure.