10 Union Square East, 5P, New York, NY 10003
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212-717-1285
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Information For Patients Having Surgery (Mount Sinai Beth Israel)

Patient's Name _____ Surgery Date _____

Time: The day before surgery, the Admitting Department will call you to notify you of the exact time to arrive. Alternatively, you may call them that day between the hours of 2:00 and 4:00pm only at 212-420-4557. Please arrive on time.

Place: **Mount Sinai Beth Israel Medical Center**
1st Avenue at E. 16th Street, New York, NY 10003
Admitting Office, Linsky Pavilion, Room L-08 (Ground Floor)

Surgery Preparation Requirements

- Pre-Surgical Testing and Medical Clearance
  The facility requires documentation of the following before final scheduling of all surgical cases:
  1. Lab tests - CBC, SMA-20, PT/PTT and pregnancy screening (if applicable)
  2. EKG and chest x-ray (if over age 40 or with relevant medical history)
  3. Complete "History and Physical" and medical clearance by a primary care physician

  ☐ Your pre-testing appointment is scheduled: Date - _____, _____
  Time - _____ :_____ am pm

  PACC Pre-Surgical Testing Unit
  10 Union Square East, 3B, New York, NY 10003 212-844-8250

  ☐ You must see **your own primary care doctor** at least three weeks before surgery.
  Bring this letter and the enclosed Medical Clearance For Surgery form. Be sure this form is completed and returned to us with all test results at least one week before surgery.

- Medications and Diet
  Aspirin or NSAIDs (such as Ibuprofen, Naproxen, Oxaprozin) - Discontinue use at least two weeks before surgery.
  Anticoagulants (such as Coumadin, Plavix) - Notify us and your primary care doctor for instructions.
  Diabetes medicines - Discontinue use on the day of surgery.
  Other medicines - Take as usual, including the day of surgery.
  *****Do not eat or drink anything after midnight the night before surgery.*****

- Escort Requirement
  Facility strictly forbids patients without a pre-arranged escort home to have any surgical procedure.

Dennis Luciano, Surgery Coordinator dluciano@chpnet.org